Whitsunday
National Parks
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Parks at a glance

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<th>Wheelchair access</th>
<th>Camping</th>
<th>Toilets</th>
<th>Day-use area</th>
<th>Lookout</th>
<th>Public mooring</th>
<th>Anchorage</th>
<th>Swimming and snorkelling</th>
<th>Diving</th>
<th>Bushwalking</th>
<th>Mountain biking</th>
<th>Kayaking</th>
<th>Sailing</th>
<th>Wildlife spotting</th>
<th>Foraging</th>
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<td>Conway NP</td>
<td>✓</td>
<td>✓</td>
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</tbody>
</table>

For a more comprehensive guide of the parks listed above, visit qld.gov.au/nationalparks

Photos: (front cover) Stunning view from Whitsunday Peak, looking over Cid Harbour to the top of Whitsunday Island, and further afield to Hook Island, Justin Heitman © Qld Govt; (this page) Adam Creed © Qld Govt
Be inspired

Abandon
daily life for a tropical island paradise,
leaving nothing but footprints in the sand.

Drift
from island to island
fanned by the balmy
Whitsunday breezes.

Explore
landscapes of wind-swept grasstree
heaths and far-reaching vistas of the
tropical Whitsunday coast.

Dive
into an underwater
world of vibrant colour
in the Great Barrier Reef
World Heritage Area.

Treasure
ancient rock art and
middens of one of
Australia’s earliest-
recorded Indigenous
groups, the Ngaro People.

Welcome to
The Whitsundays

“\nThe Whitsundays is a stunning area filled with views of
unspoilt islands, powdery sand beaches, and turquoise
waters. It has endless spots to find your own private
beach to relax, go for a snorkel, have a fish or take a
bushwalk. If you enjoy camping, there are 29 camping
areas to choose from, 26 of which you can get to only by
boat. One of the islands even has mountain bike tracks.
The magical Whitsundays is just waiting to be explored!

Ranger Kay
on behalf of the Park Rangers of the Whitsundays

The Whitsunday area is the traditional land and sea country of the
Ngaro people and Gia people. The Traditional Custodians maintain
a strong and ongoing connection with this area and ask you to tread
with care and respect when visiting this amazing place.

Wadda-moolie (welcome). Welcome to our Country—the Conway
Ranges. We ask that you respect our beautiful and significant places
and join us in caring for our Country—a place for us all to treasure
and enjoy, for now and for our future generations.

On behalf of the Birri-Gubba Nation, and the Gia and Ngaro Elders
and Traditional Custodians, bindi-you-ninda (thank you).
Parks of The Whitsundays (mainland and islands)
Plan your getaway


Global treasure

The Whitsunday islands, and their surrounding waters, are protected in the Great Barrier Reef World Heritage Area, Australia’s first and the world’s largest World Heritage Area. After stupendous rifting and ripping of the earth’s crust, the Whitsundays islands—remnants of ancient volcanic calderas—remain as a group of more than 90 green gems now dotted in the aquamarine Coral Sea. This remarkable ecosystem, the world’s largest barrier reef, is home to thousands of different species of plants and animals. Come and see for yourself! Find out more at gbrmpa.gov.au

Best time

It’s pleasant all year in the Whitsundays, but April to September are the best months when daytime temperatures are milder (21–26°C) and nights are cooler (16–22°C). Water temperatures in the ocean vary throughout the year from 22–27°C. It can rain any time, but the heaviest rains fall between January and March. Cyclones are more likely to occur between November and April, so make sure you read any emergency advice (bom.gov.au) before you visit.
Best way
The Whitsunday coast is about two thirds of the way along Queensland’s coast between Brisbane and Cairns. Drive 1120km (12hrs) north from Brisbane, or 630km (7hrs) south from Cairns, to Proserpine on the Bruce Highway. Follow signs to Airlie Beach—30km along Shute Harbour Road. Plane flights from Brisbane take about 1.5hrs. Plane flights are also possible from Proserpine and Hamilton Island.

Mainland parks
You can reach Conway National Park by 2WD and enjoy many options for walking or mountain-bike riding around the coastal fringe or up in the range. You’ll need a boat to get over to Dryander National Park’s secluded Grimston camping area.

Island parks
You can reach the Whitsunday islands by joining a tour or private charter, using your own kayak or vessel or hiring a tinnie or a bareboat—no skipper or crew.

Add some local flavour
Time your holiday with a local event. There’s the annual music festival in November or sailing, fishing and triathlon events throughout the year. Find out more at qld.com.au and tourismwhitsundays.com.au

Guided tours
Get on board a guided tour with an experienced and friendly local. Enjoy sailing and snorkelling day trips or overnight camping where tourism operators take you away from the crowds. Commercial water taxis from Shute Harbour can drop you at island camp sites, where you can walk, snorkel, dive and fish, or just relax. Visit tourismwhitsundays.com.au for tour details.

Top: Sailing around the Whitsundays is something special. Above: Get a bird’s eye view of the reef. Below: Stop, breathe and enjoy the views from the walks on the Whitsunday Ngaro Sea Trail.
Photos: (top and above) © Tourism and Events Queensland; (below) Dave Harper © Qld Govt
Outdoor adventures

Embark on a sea venture to an island national park—there are many to choose from. Or explore inland, where the rugged range provides a perfect place for exploration on foot or mountain bike.

Pull on your shoes
Walk a little or a lot, choosing from easy short walks to longer full-day or multi-day hikes. See p27 for track classification and choose the right walk for you.

Get on your bike
Peddle on South Molle Island or around the many shared trails in Conway National Park.

Float your boat
The best way to see most of the Whitsundays is to float! Take your own boat, hire one or let a tour operator look after everything. If paddle power suits your style, grab your kayak and island-hop on the Whitsunday Ngaro Sea Trail, staying at a different camp site each night.

Explore underwater
Dive bommies, crevices and caves along the reef slopes. Cool off and snorkel around rocks and reefs. Ask the locals for some top spots to dive and snorkel.

Watch whales
Witness awe-inspiring acrobatics by majestic humpback whales visiting between May and September to calve in the warmer waters.

Get a different story
The Ngaro and Gia people have a spiritual and unbroken connection to this land and sea country spanning more than 9000 years. Visit the stone-tool quarry on South Molle Island and the Ngaro Cultural Site in Nara Inlet on Hook Island.

Pitch your tent
Camp over at one of 29 camping areas across the islands or mainland parks. Some island camping areas have only one site, so you’ll have the whole place to yourself! Remember to book your national park camping online at qld.gov.au/camping
Whitsunday Islands National Park

Must dos
• Snorkel or dive to see a stunning underwater world.
• Climb to Hill Inlet lookout.
• Visit the Ngaro cultural site.

Getting there
Whitsunday Islands National Park, 25km east of Airlie Beach, protects 30 islands, including Whitsunday, Black, Hook and Langford islands. Visit by private or commercial boat, helicopter or sea plane from Airlie Beach or Shute Harbour. Some companies drop off and collect campers.

Wildlife spotting
The Whitsundays are alive with wildlife. You’ll be delighted at the wondrous complexity of life around you.

Discover a slice of paradise on jewel-green isles surrounded by turquoise blue waters.

Marvel at the swirling sands of Hill Inlet, an area rich with links to the Ngaro people’s past. Relax on world-famous Whitehaven Beach then take a short walk to view the stunning Solway Passage. See the Whitsundays, as if from the roof of the world, via some new spectacular walks opening in 2018.

Things to do
Snorkelling and scuba diving
Snorkel the reef at high tide or explore coral bommies, crevices and caves along the reef at Whitsunday, Hook, Black, Langford, Haslewood and Deloraine islands.

Fishing and walking
Either cast a line off Dugong Beach or take a short, easy walk over to Sawmill Beach. Pack extra food and water and tackle a longer uphill hike (2.5km) up to Whitsunday Peak and be rewarded with incredible views.

Ranger tip
Manta Ray Bay is an awesome spot to see some really big fish, such as the big, beautiful and protected Maori wrasse, some cheeky trevallies and millions of smaller reef fish.

Ranger Kay
**Places to go**

**Whitsunday Island**

- **Solway circuit**
  1.2km return. Allow 40mins.
  Wander along this one-way circuit from Whitehaven beach uphill to a natural rock platform with spectacular views over Solway Passage and the surrounding islands.

- **Chance Bay track**
  7.2km return. Allow 2.5–3hrs.
  Follow this track through some of Whitsunday Island’s more secluded areas to peaceful Chance Bay. This delightful walk branches off the Solway circuit.

- **Hill Inlet lookout track**
  1.3km return. Allow 40mins.
  Take an uphill wander to multiple lookouts for stunning vistas over Hill Inlet’s turquoise waters and white sweeping sands—a highly-significant area to the Ngaro people. Access the track from Hill Inlet or Tongue Bay.

- **Beach track**
  500m return. Allow 20mins.
  Branch off the Hill Inlet lookout track and head downhill to the bright-white, quartz sands of Hill Inlet and across to Whitehaven Beach, considered one of the top ten beaches in the world.

- **Dugong-Sawmill track**
  3km return. Allow 1hr.
  Walk under stands of giant rainforest trees and solitaire palms before entering what seems a fairyland of mosses, lichens and fungi on this semi-shaded walk from Dugong Beach to Sawmill Beach.

- **Whitsunday Peak track**
  5km return. Allow 4hrs.
  Walk uphill from Sawmill Beach day-use area to windblown heaths, for impressive vistas from the ‘roof of the Whitsundays’.

- **Whitsunday Cairn track**
  4km return. Allow 3hrs+.
  Walk from Cairn Beach—Whitsunday’s most northerly beach—up to a ridge covered with giant grasstrees. It’s steep and challenging, but what a view—simply breathtaking.

- **Langford Island**
  300m one way. Allow 20 mins.
  Stroll the mangrove lined shore before gently walking uphill through mixed tall trees, small ferns and orchids. Marvel at the remarkable Whitsunday Bottle Trees and enjoy views along the island’s spit to nearby Black and Hook Islands.

- **Hook Island**
  **Ngaro cultural site**
  340m return. Allow 20mins.
  Protected from the elements in a once-hidden cave, the Ngaro people adorned the fragile rock surface with their artwork over the last 9000 years. Clamber up a short, and initially steep track with steps, to a viewing platform at the cave’s entrance.
New walks due for completion late 2018
For your safety please follow on-site advice.

**Haslewood Island**
300m one way. Allow 20 mins.
Leave Chalkies Beach behind as you walk uphill to the island’s rocky headland. Passing through a natural gully of shady eucalypts and grass trees, you are rewarded with spectacular island and sea views from the lookout.

**Border Island**
1.2km return. Allow 1hr.
Explore ashore and enjoy Cateran Bay from above on this short walk. After an initial steep ascent, meander along the island’s saddle of native grassland and enjoy views from two diverse lookouts.

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<table>
<thead>
<tr>
<th>Island and site name</th>
<th>Map ref. (p4)</th>
<th>Facilities and activities</th>
<th>Beach type</th>
<th>Further information</th>
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<tbody>
<tr>
<td><strong>Whitsunday Island</strong></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Dugong Beach</td>
<td>W1</td>
<td></td>
<td>Sand</td>
<td>Camping area backed by rainforest and connected by a 1km walking track to Sawmill Beach. Dugong Beach has better anchorage than Sawmill Beach but for shallow draft vessels only. Care must be taken to avoid coral bommies, particularly at low tide.</td>
</tr>
<tr>
<td>Sawmill Beach</td>
<td>W2</td>
<td></td>
<td>Sand</td>
<td>Picnic area nestled amongst vine forest. Walking tracks lead to Dugong Beach and Whitsunday Peak.</td>
</tr>
<tr>
<td>Nari’s Beach</td>
<td>W3</td>
<td></td>
<td>Sand</td>
<td>Camping area sits under rainforest canopy, tucked against a steep hill. It has excellent views of Cid Island. Reef fine close to shore with good access at mid to high tide.</td>
</tr>
<tr>
<td>Joe’s Beach</td>
<td>W4</td>
<td></td>
<td>Sand</td>
<td>Secluded camping area with outstanding views of Cid and Molle Islands. Fringing reef exposed at low tide. Boat acces at mid-high tide.</td>
</tr>
<tr>
<td>Chance Bay</td>
<td>W5</td>
<td></td>
<td>Sand</td>
<td>Elevated camping area with views extending to Pentecost Island, Lindeman group and Cape Conway. Boat access at mid to high tide. Difficult to access in south-easterly winds but is good anchorage during northerly winds.</td>
</tr>
<tr>
<td>Whitehaven Beach</td>
<td>W6</td>
<td></td>
<td>Sand</td>
<td>Spectacular white sands with camp sites nestled in lowland vine forest and eucalypt woodlands with good shade. Views to Haslewood Island. Boat access at all tides.</td>
</tr>
<tr>
<td>Cairn Beach</td>
<td>W7</td>
<td></td>
<td>Sand</td>
<td>Surrounded by mountains and excellent views to Border and Dumbell islands. A large intertidal sand and rock flat is fed by a winding creek behind the beach. Shallow draft boat access. Poor anchorage; use public moorings. Kayaks are perfect.</td>
</tr>
<tr>
<td>Maureens Cove</td>
<td>W8</td>
<td></td>
<td>Rubble</td>
<td>Camping area sheltered by pandanus and backed by small creek. Bay offers excellent snorkelling and anchorage. Anchoring is not permitted inside the cove’s reef protection markers. Shallow draft boat access at mid to high tide. Poor anchorage. Perfect for kayaks.</td>
</tr>
<tr>
<td>Steens Beach</td>
<td>W9</td>
<td></td>
<td>Sand</td>
<td>Camping area set in rainforest behind the beach and overlooks Hayman Island. A small reef flat provides good snorkelling.</td>
</tr>
<tr>
<td>Curlew Beach</td>
<td>W10</td>
<td></td>
<td>Sand</td>
<td>Outstanding beauty with extensive reef flat. Camping area sheltered by large rocky headland. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.</td>
</tr>
<tr>
<td>Crayfish Beach</td>
<td>W11</td>
<td></td>
<td>Sand</td>
<td>Excellent diving from boat, small beach with no camping. Use public moorings. Anchoring prohibited in the bay. Excellent snorkelling/diving from boat. Use public moorings. Anchoring prohibited in the bay.</td>
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<tr>
<td>Manta Ray Bay</td>
<td>W12</td>
<td></td>
<td>Sand</td>
<td>This is a popular site for snorkelling/diving, especially at high tide. Good snorkelling/diving site. All tide access.</td>
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<tr>
<td>Butterfly Bay</td>
<td>W13</td>
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<td>Sand</td>
<td>Popular snorkelling/diving site.</td>
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<tr>
<td>Black Island</td>
<td>W14</td>
<td></td>
<td>Sand</td>
<td>White sands; a quieter option to Whitehaven Beach. Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.</td>
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<tr>
<td>Langford Island</td>
<td>W15</td>
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<td>Sand</td>
<td>A more remote day visit site popular for snorkelling. Good snorkelling/diving site.</td>
</tr>
<tr>
<td>Border Island/Cateran Bay</td>
<td>W16</td>
<td></td>
<td>Sand</td>
<td>Popular snorkelling/diving site.</td>
</tr>
<tr>
<td>Haslewood Island/Stockyard/Chalkies</td>
<td>W17</td>
<td></td>
<td>Sand</td>
<td>White sands; a quieter option to Whitehaven Beach. Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.</td>
</tr>
<tr>
<td>Henning Island/Northern Spit</td>
<td>W18</td>
<td></td>
<td>Sand</td>
<td>A more remote day visit site popular for snorkelling. Good snorkelling/diving site.</td>
</tr>
<tr>
<td>Deloraine Island</td>
<td>W19</td>
<td></td>
<td>Rubble</td>
<td>Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.</td>
</tr>
<tr>
<td>Hayman Island/Blue Pearl Bay</td>
<td>W20</td>
<td></td>
<td>Rubble</td>
<td>Good snorkelling/diving site.</td>
</tr>
</tbody>
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**Hook Island**
Boat up to and camp over at Hook Island’s Maureens Cove, Steens, Curlew or Crayfish beaches. Stay a couple of days to snorkel the island’s fringing reefs and spend an hour or so at the Ngaro cultural site. Start at Nara Inlet—an excellent deep overnight anchorage, accessible at mid to high tide—and leave at least an hour to immerse yourself in the stories of the past.

**Henning Island**
Picnic on the sandy beach, near the Northern Spit camping area, and enjoy views of Whitsunday and Hamilton islands. The Spit is accessible by boat at all tides, but is a poor anchorage. Please use the public moorings here.
Whitsunday Ngaro Sea Trail

Sail, kayak or cruise to islands with pure-white sands and stroll through windswept grasslands up to rugged headlands for breathtaking views.

Start your Whitsunday Ngaro Sea Trail adventure from Airlie Beach or Shute Harbour and travel an extraordinary blend of seaways and walks spanning Whitsunday, South Molle and Hook islands. You can book your national park camping online at qld.gov.au/camping

Trip planner
Distances provided are approximate and apply if travelling the Whitsunday Ngaro Sea Trail in an anti-clockwise direction. No allowance is made for tides, bad weather or possible drift.

Legend

- Walking track
- Seaway

Photos: (above left) Mick Barrett © Qld Govt; (above) Justin Heitman © Qld Govt

Pulling up on Whitehaven’s shore after an exquisite morning’s paddle.

Photo: Justin Heitman © Qld Govt
Molle Islands National Park

Head over to this bushwalkers’ paradise with superb views over picturesque island landscapes.

Pull on your boots and wander through South Molle’s grasstree-studded grasslands or past ancient Ngaro stone quarry relics up to Spion Kop. Start a mountain-bike adventure on 14km of tracks catering for beginners and intermediate riders. Go snorkelling off the beach on South Molle’s Sandy Bay or grab the fishing gear and head to the large camping area near Cockatoo Beach on North Molle Island.

PlACES To camp
Set up camp, then stroll on long sandy beaches, relax with a good book or just doze the afternoons away at one of the many camping areas on the Molle Islands. Relish quiet camping on Denman Island or Planton Island, where only one group with up to 6 people are allowed at one time. Be self-sufficient on Tancred Island with no facilities, where it’s quiet camping and quite wonderful.

Must dos
• Cruise along the mountain bike trails, then walk to the lookout at Spion Kop.
• Walk up to Mount Jeffreys.
• Look for passing whales.

Getting there
Molle Islands National Park is 10km east of Shute Harbour. Access is by private or hire boat from Airlie Beach or Shute Harbour. Some companies drop off and collect campers, bushwalkers and mountain bike riders. Walking tracks and shared trails on South Molle Island can be accessed from Bauer Bay or Sandy Bay camping area. Access from Paddle Bay is by walking only. Long Island walking tracks are accessed from either Happy Bay or Palm Bay.

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<td>Molle Islands National Park</td>
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</tr>
<tr>
<td>South Molle Island Sandy Bay</td>
<td>M1</td>
<td></td>
<td>Rubble</td>
<td>Good open camping area for bushwalkers with a pleasant beach fringed with casuarinas. Site readily accessible at mid to high tides.</td>
</tr>
<tr>
<td>Paddle Bay</td>
<td>M2</td>
<td></td>
<td>Sand</td>
<td>Camping area backed by rainforest and overlooking Daydream Island. Access to track system only possible at low tide. Access site via boat at mid to high tides.</td>
</tr>
<tr>
<td>North Molle Island Cockatoo Beach</td>
<td>M3</td>
<td></td>
<td>Sand</td>
<td>A number of large camp sites around the forest edge. Tides limit access. Anchorage off the beach is not recommended.</td>
</tr>
<tr>
<td>Planton Island</td>
<td>M4</td>
<td></td>
<td>Rubble</td>
<td>Secluded camping area set in dry rainforest behind the beach. Access is by boat at all tides, but anchorage off the beach is not recommended as it is exposed to winds and currents. You must pull your boat up onto, and anchor on, the beach or get dropped off by a commercial boat operator.</td>
</tr>
<tr>
<td>Denman Island</td>
<td>M5</td>
<td></td>
<td>Rubble</td>
<td>Small, quiet camping area set in dry rainforest above the shore. Set in a marine park green zone, so look but don’t take or disturb anything. Get dropped off by a commercial boat operator or pull your boat up onto and anchor on the beach. Offshore anchorage is risky due to winds and currents.</td>
</tr>
<tr>
<td>Tancred Island</td>
<td>M6</td>
<td></td>
<td>Rubble</td>
<td>A very private camping area with Shute Harbour hidden from view by Repair Island. Accessible by small boat though care should be taken on the fringing reefs at mid to low tide. Pull boats up onto and anchor on the beach or get dropped off by a commercial boat operator.</td>
</tr>
<tr>
<td>Long Island</td>
<td>M7</td>
<td></td>
<td>Sand</td>
<td>A small secluded beach lined with mangroves and backed by rainforest. Walking track departs from the camp site, allowing you to explore Long Island. Only shallow draft small craft can access the beach during mid to high tide.</td>
</tr>
</tbody>
</table>
**Places to go**

**On foot on South Molle Island**

- **Balancing Rock**
  - 2km return. Allow 1hr.
  - Walk through to Balancing Rock, perched in eucalypt forest, for views across South Molle’s vegetation patchwork.

- **Paddle Bay**
  - 2.2km return. Allow 1hr.
  - Meander from Bauer Bay Beach to a coral beach, where at low tide you can walk to Mid Molle Island. Don’t get caught out! You only have about 4hrs to complete the walk as access is tide related—that is 2hrs before and 2hrs after low tide!

- **Spion Kop**
  - 4.2km one way from Sandy Bay. Allow 2hrs walking, 50mins riding.
  - 2.3km one way from Bauer Bay. Allow 2hrs walking, 30mins riding.
  - Walk or mountain-bike ride to lookouts over the resort and Whitsunday Passage. Walkers only from the set of stairs leading to Spion Kop.

- **Mount Jeffreys**
  - 4km one way from Sandy Bay. Allow 2hrs walking, 30mins riding.
  - 3km one way from Bauer Bay. Allow 1–1.5hrs walking, 30mins riding.
  - Take this gradual slope to Mount Jeffreys, South Molle’s highest point, and enjoy a sensational 360 degree view of the Whitsunday islands and mainland.

---

**Legend**

- Walking track
- Jetty
- Shared trails (walking and riding)
- Stairs
- Main intersection

Tracks 1, 2 and 3 are part of the Whitsunday Ngaro Sea Trail.

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**Photo:** Adam Creed © Qld Govt

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**Walk and ride on South Molle Island**

- **Spion Kop**
  - 4.2km one way from Sandy Bay. Allow 2hrs walking, 50mins riding.

- **Paddle Bay**
  - 2.2km return. Allow 1hr.

- **Mount Jeffreys**
  - 4km one way from Sandy Bay. Allow 2hrs walking, 30mins riding.

---

**You’ll love this view from Spion Kop. It’s worth every uphill step you take to get there.**

*Photo: Justin Heitman © Qld Govt*
Sandy Bay
4.2km one way. Allow 2hrs walking, 30mins riding.
A fantastic outing through patches of native grasslands studded with grasstrees and a beach lined with weeping coastal casuarinas.

Lamond Hill
4.4km one way from Sandy Bay. Allow 2hrs walking, 45mins riding.
3.3km one way from Bauer Bay. Allow 1.5hrs walking, 45mins riding.
Enter from the western end of Bauer Bay and journey uphill—moderately steep—to overlook the mainland’s ranges. See page 27 for track classifications.

On foot on Long Island
Long Island circuit
3.5km circuit. Allow 1.5hrs.
Have a happy day from Happy Bay on the only Long Island track with spectacular viewpoints.

Pandanus Bay
900m return from Palm Bay. Allow 30mins.
1.5km from Happy Bay. Allow 1hr.
Walk across the narrow island neck to a pandanus-lined rocky beach.

Humpy Point
1.2km return from Happy Bay. Allow 30mins.
2.6km return from Palm Bay. Allow 1hr.
Need to stretch your legs? Take a wander through shady, dry rainforest thicket—an intriguing plant community.

Sandy Bay
5.8km return from Palm Bay. Allow 3hrs.
8.2km return from Happy Bay. Allow 4hrs.
Pack a lunch and take this gently-climbing track, which eventually ends at a small secluded beach.
Lindeman Islands National Park

**Must dos**
- Enjoy an early morning walk up Mount Oldfield for endless island views.
- Go for a snorkel, a dive or just splash about in the waters offshore.

**Getting there**
Lindeman Islands National Park is 35km south-east of Shute Harbour. Access to the islands is by private boat from Airlie Beach or Shute Harbour.

Set sail for this picturesque group of islands formed from ancient volcanic origins, now settled into a serene landscape.

This is ‘Country’ for the Ngaro people, who named Lindeman Island ‘Yara-kimba’—the place of snapper-bream fish. The island group includes 13 other islands including nearby Seaforth, Thomas and Shaw islands, and features the 212m high Mount Oldfield.
Things to do
Hit the water for a swim or snorkel off one of the many beautiful island beaches. Cast a line off Lindeman, Seaforth or Thomas islands and catch dinner fresh from the sea. Head to the wetlands of Lindeman Island to see lots of birds or catch a glimpse of a shy bush stone curlew around the beaches.

Places to camp
Enjoy remote camping at Lindeman Island’s Neck Bay—a vegetated sand spit between two former islands—especially if you’re kayaking, or camp on the beach at Boat Port overlooking a bay once used to clean sailing vessels. Remember! Book your national park camping online at qld.gov.au/camping

Places to go
Mount Oldfield track, Lindeman Island
7.2km return. Allow 3.5hrs.
Start this steady climb at the airport hut and walk through open eucalypt forest, thick vine forest and grassland. You’ll be staggered by the magnificent views in every direction.

<table>
<thead>
<tr>
<th>Island and site name</th>
<th>Map ref. (p4)</th>
<th>Facilities and activities</th>
<th>Beach type</th>
<th>Further information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindeman Islands National Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lindeman Island</td>
<td>L1</td>
<td>![icons]</td>
<td>Sand</td>
<td>Quiet camping area backed by rainforest. Good site for bushwalkers with tracks through rainforest, grassland and open forest to spectacular views. Boat access at mid to high tide, with good anchorage.</td>
</tr>
<tr>
<td>Seaforth Island</td>
<td>L2</td>
<td>![icons]</td>
<td>Sand</td>
<td>A 500m track joins Orchid Beach to Esme Beach. Tunnel through open vine forest before emerging from beach scrub to take in views to Lindeman Island.</td>
</tr>
<tr>
<td>Esme Beach</td>
<td>L3</td>
<td>![icons]</td>
<td>Sand</td>
<td>Quaint windswept beach faces southeast. Walking track to headland offers scenic views.</td>
</tr>
<tr>
<td>Thomas Island</td>
<td>L4</td>
<td></td>
<td>Sand</td>
<td>Protected by its northerly aspect, enjoy views to Shaw Island’s rocky outcrops.</td>
</tr>
<tr>
<td>Shaw Island</td>
<td>L5</td>
<td>![icons]</td>
<td>Sand</td>
<td>Sheltered by dry rainforest, this site has wonderful views and sunsets over Lindeman Island. Access limited to mid to high tide. Access to beach and restrictions to behaviour apply from 1 October to 31 March every year.</td>
</tr>
</tbody>
</table>

Clockwise from below left: A bush stone curlew and chick trying hard to blend into their surroundings. Staggering view to Shaw Island from Lindeman’s Mount Oldfield track. Pitch your tent on Lindeman and stay a few days.

Photos (clockwise from below left): Lisa Scott © Qld Govt; Adam Creed © Qld Govt; Sue Olsson © Qld Govt

View a dusky dawn over the islands after an early morning walk up to Mount Oldfield.
Photo: © Tourism and Events Queensland

© Tourism and Events Queensland

© Qld Govt

© Tourism and Events Queensland
Conway National Park

Must dos
- Walk the Kingfisher circuit and Wompoo way and spot some brilliant rainforest birds.
- Absorb the views over the azure waters of Whitsunday passage from Coral Beach and The Beak lookout.
- Save a day for the island parks off Airlie Beach or choose a tour that suits you best. Your choice is almost unlimited—plane charter, boat tour, jet-ski tours, fishing tours and canoe tours.

Getting there
Conway National Park is 30km east of Proserpine, between Airlie Beach and Shute Harbour. Turn off the Bruce Highway just north of Proserpine, or 45km south of Bowen, then travel 26km to Airlie Beach on the Gregory–Cannon Valley Road. There is no national park access from Conway Beach township. From Airlie Beach, follow Shute Harbour Road south-east to Conway National Park day-use area.

Explore this peaceful part of the coastal mainland featuring secluded beaches and panoramic outlooks over the scenic Whitsunday area.

Rising above the busy coastal strip, Conway Range’s rainforests have provided a valuable refuge for 23 rare, threatened and endemic wildlife species. Conway, and its conservation parks, protect the state’s largest remnant of tropical rainforest outside the Wet Tropics of North Queensland World Heritage Area.

Wildlife is everywhere you look, from the iridescent blue flash of the exquisite Ulysses butterfly to orange-footed scrubfowls raking through the leaf litter. Listen for the descending trill of the buff-breasted paradise-kingfishers. They’re only around from November to March, coming here to nest in termite mounds.

Things to do
Take a stroll to Coral Beach, or give your legs a workout on uphill hikes for picturesque island views. Get the mountain bike ready and explore the Coastal Fringe circuit or, for a real work-out, the Conway circuit with overnight camps.

Ranger tip
Don’t rush! Plan your day to allow enough time to relax and enjoy the views. You’ll need sturdy footwear, big-brimmed hat, high-energy food and at least 2 litres of water for each person if you’re tackling any of the uphill tracks.
Places to camp
Swamp Bay camping area
Enjoy a secluded, pebbly beach-side camping area, 2.1 km from Mount Rooper car park. Walk 1.5hrs from the car park or access it by boat at high tide.

Conway circuit camping areas
Repulse Creek and Bloodwood are simple bush camps on either side of the Conway circuit track. Walking and riding is difficult due to the steep gradients in parts. Bloodwood offers good views of the islands. Water tanks are 200m past Bloodwood camp.

Places to go
Coastal tracks
Coastal Fringe circuit
1.2km circuit. Allow 45mins walking, 15mins riding.
Start at Conway National Park day-use area and walk or ride around the circuit track. There’s a small tidal creek to cross.

Hayward Gully
3.2km return. Allow 1.5hrs walking, 30mins riding.
Follow the Hayward Gully circuit, off the Coastal Fringe circuit to lowland rainforest and rocky gullies.

Swamp Bay
4.2km return. Allow 1.5hrs walking, 30mins riding.
From Mount Rooper car park, walk around the foot of Mount Rooper to Swamp Bay. It’s beautiful at high tide and in mid-winter, when there’s fewer mosquitoes and midges. Bring lots of drinking water and energy snacks, as it’s a hot, hard walk.

Tracks around Mount Rooper
The Mount Rooper track junction—200m along the Swamp Bay track—provides four walking options. Be prepared—sturdy shoes, heaps of water, insect repellent and sun protection.

Mount Rooper lookout
4.6km return. Allow 2.5hrs.
Take a challenging uphill walk through woodland plant communities. Soak up the panoramic vista of the Whitsunday Passage and islands. Return the same way you came.

Mount Rooper circuit
5.4km circuit. Allow 3.5hrs walking, 1hr riding.
Continue on from Mt Rooper lookout and catch incredible views to Daydream and North Molle islands. Head downhill to join the Swamp Bay track, then turn left to return to the car park.

Mount Rooper circuit and Swamp Bay
7.2km circuit. Allow 1 day walking, 1.5hr riding.
Spend a whole day walking on both the Mount Rooper circuit and Swamp Bay tracks. Remember, Swamp Bay is best at high tide.

Coral Beach
2.2km return. Allow 1.5hrs walking.
Enjoy a fantastic, family day walk to Coral Beach, with glorious views across the Whitsunday Passage. To get there, drive towards Shute Haven and park just off the road near the Coral Beach track entrance. The beach is exposed and on hot days can be sweltering.

The Beak lookout
3.4km return from Coral Beach track car park. Allow 2.5hrs.
Take the Coral Beach track and head towards the eastern end of the Beach. Continue on a moderate climb for 600m to The Beak lookout.

Tracks around the Conway Range
Kingfisher circuit
2km return. Allow 45mins–1.5hrs.
This is a great walk for the family, although strenuous, and is a Ranger’s favourite. It starts at the Forestry Road car park. After many stairs you’ll re-join the main track—a shared-use track (walkers and riders) —to return to the car park.

Wompoo way
7km return. Allow 3.5hrs walking, 45mins riding.
Start at the Forestry Road car park, then follow the Conway circuit for 2.3km before turning left onto Wompoo way. Wander past a trickling creek to reach a beautiful waterhole.

Honeyeater lookout
8.2km return. Allow 3–4hrs walking, 2hrs riding.
This rugged track is a favourite for those up for a fitness challenge, both walking and riding. Known as a good ‘leg-stretch’ of a walk, with some gradients being up to 35 degrees within the first 2km, it’s strenuous in parts, exposed and hot, but the views are worth every step. Start at the Conway circuit track entrance near Kara Crescent in Airlie Beach. The turn-off to the lookout is 2.3km along this track and it leads to a ridge and lookout with views over Cannonvale and the Whitsunday islands.
Conway circuit

27.1km one way. Allow 3 days walking, 4hrs riding.
Pack up for three days of serious walking or riding and two nights of camping-in-the-rough and under the stars. There are two entry points—Forestry Road car park and near the top of Kara Crescent in Airlie Beach.

Important things to know

- This walk is only suitable for fit, well-prepared walkers, campers or mountain-bike riders, as the many long, steep sections are strenuous.
- Choose the cooler months of the year.
- Bike riders; expect many steep sections on each leg of this track.
- Drink plenty of water! There are four water tanks along the track; fill your water containers at every opportunity, but please ensure taps are turned off and treat the water before drinking.
- Campfires are prohibited. Carry a fuel stove for cooking.
- Please carry all rubbish out with you.
- Get your camping permit online at qld.gov.au/camping.

Forestry Road–Impulse Creek section
4.5km one way. Allow 1.5hrs walking, 40mins riding.
9km return. Allow 2.5hr walking, 1hr riding.
Walkers! Why not include the Kingfisher circuit, a delightful deviation that only extends your walk by 45mins. Another side track, well worth the effort, is Wompoo way, but you must return along the same track to rejoin the Conway circuit. The track gets considerably rougher after Impulse Creek crossing, so if you’re only doing a day walk head back from here.

Impulse Creek–Repulse Creek camp section
3.5km one way. Allow 1hr walking, 20mins riding.
Go carefully as the track is somewhat rougher with many steep sections and crosses minor creeks. Enjoy the walk, but leave enough time to get to Repulse Creek camp well before nightfall.

Repulse Creek Camp–Bloodwood camp section
11.5km one way. Allow 5–6hrs walking, 3hrs riding.
Follow the coastal ridge towards Airlie Beach and tackle a long, steep, challenging climb to reach Hayward lookout near the summit of Mount Hayward. Stop for some great views and cool breezes from here, but continue along the ridge to Bloodwood camp. Water tanks are 200m past the camp.

Bloodwood camp–Airlie Beach section
8.5km one way. Allow 3.5 – 4.5hrs walking, 3hrs riding.
This is the steepest and most difficult section of all. On a clear day, it is well worth adding an extra 1.5hrs walking on a side track—not as steep—to the Honeyeater lookout with views beyond Cannonvale to the Dryander Range and out to Whitsunday Islands. Go back to the Conway circuit and walk downhill through sections of grasstrees, cycads and eucalypts to Airlie Beach. The track actually ends near Kara Crescent, but check the map insets and continue another 700m downhill into Airlie Beach.
More top spots

**Must dos**
- Splash about in the year-round warm, aqua waters of Bona Bay on Gloucester Island.
- Swim with manta rays feeding along the islands, generally May to September.
- Boat slowly and catch a glimpse of dolphins or dugong.

**About the parks**

**Gloucester Islands National Park**
The mainland locals say this is a ‘must-see’ stop-over. Choose from camping areas on Armit, Saddleback and Gloucester islands. Gloucester Island is the largest island in the group and, like Dryander National Park, is home to endangered Proserpine rock-wallabies.

**Getting there**
*Gloucester Islands National Park* lies directly north of Cape Gloucester, 37km north-west of Airlie Beach. Access is only by private boat from Airlie Beach or Dingo Beach.

**Repulse Islands National Park**
Despite the name, this is a beautiful group of islands. The three-island group was named by Lieutenant James Cook in 1770, when he felt repulsed to find the bay was not, as he suspected, a passage north. Seabirds love nesting here, so there’s an annual closure from 1 October to 31 March, to protect them. There is a small, no-facilities camping area on south Repulse Island. With only 12 campers allowed per night, you’ll enjoy a quiet camping experience.
Getting there

**Repulse Islands National Park** is 35km south-south-east of Airlie Beach. The islands are close to the mainland with several boat ramps nearby, including Shute Harbour and Abel Point Marina. Access to the park is by private boat only.

**Dryander National Park**

Enjoy views over the scenic Whitsunday islands from this large coastal park just north of Proserpine, which protects important habitat for the endangered Proserpine rock-wallaby.

**Getting there**

Although **Dryander National Park** is on the mainland, it is three nautical miles (13km) north of Airlie Beach, accessible only by boat from Airlie Beach or Dingo Beach.

**Holbourne Island National Park**

Go to the very north of the Whitsundays for a rare treat. Holbourne Island is isolated and some say undeniably one of the most beautiful of the Whitsunday islands. There’s a small pisonia forest near the shore—an oddity on this, a continental island. There’s breeding seabirds and it’s an important green and flatback marine turtle nesting site.

**Getting there**

**Holbourne Island National Park** is 29km north north west of Gloucester Island, accessible only by private boat.

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<table>
<thead>
<tr>
<th>Island and site name</th>
<th>Map ref. (p4)</th>
<th>Facilities and activities</th>
<th>Beach type</th>
<th>Further information</th>
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<tbody>
<tr>
<td>Gloucester Islands National Park</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gloucester Island Bona Bay</td>
<td>G1</td>
<td>![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon]</td>
<td>Sand</td>
<td>Camping area is large and shaded with ample space for secluded camping. Good anchorage accessible on all tides. Between two rocky headlands, this camping area is set in vegetation behind the beach and next to a seasonal freshwater lagoon. The east-facing beach is steep with unreliable anchorage. Camping area offers a wilderness experience. Reasonable anchorage for small boats accessible on all tides. Be aware of current. Camping area suitable for small groups. Good anchorage accessible in all tides. Help protect migratory seabirds and stay off and away from Little Armit Island and Armit Island’s southern beach during the seasonal restriction from 1 October and 31 March (inclusive) each year.</td>
</tr>
<tr>
<td>East Side Bay</td>
<td>G2</td>
<td>![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon]</td>
<td>Sand</td>
<td></td>
</tr>
<tr>
<td>Saddleback Island</td>
<td>G3</td>
<td>![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon]</td>
<td>Sand</td>
<td></td>
</tr>
<tr>
<td>Armit Island</td>
<td>G4</td>
<td>![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon] ![facilities icon]</td>
<td>Sand</td>
<td></td>
</tr>
</tbody>
</table>
Boating in the Whitsundays

Set sail with the wind in your hair, then plunge into turquoise waters to swim, snorkel and dive. To help protect the Whitsundays, please follow these guidelines and restrictions during your boating visit.

Use public moorings
Public moorings are provided throughout the Whitsundays to help protect fragile reefs. There are five mooring classes marked by colour-coded bands that cater for different vessel lengths and wind speeds. Always use a public mooring where available.

<table>
<thead>
<tr>
<th>Vessel Length</th>
<th>Maximum Wind Speed</th>
</tr>
</thead>
<tbody>
<tr>
<td>6m - tender only</td>
<td>24 knots</td>
</tr>
<tr>
<td>9m - monohull</td>
<td>24 knots</td>
</tr>
<tr>
<td>18m - multihull</td>
<td>34 knots</td>
</tr>
<tr>
<td>22m - multihull</td>
<td>34 knots</td>
</tr>
<tr>
<td>30m - multihull</td>
<td>34 knots</td>
</tr>
</tbody>
</table>

Reef protection marker (RPM)

The Whitsundays has a wonderful public moorings set-up. It means, if you are coming to the area with your own vessel, you can help to protect the corals from anchor damage by using the free public moorings. And as an added bonus, you can sleep soundly and not worry about your anchor during the night.

Ranger Kay

Observe ‘no anchoring areas’
Some Whitsunday reefs are particularly vulnerable to anchor damage and are protected in ‘no anchoring areas’. White pyramid-shaped reef protection markers indicate most locations. Never anchor inside a ‘no anchoring area’ or inshore of the buoy line, and never attach your vessel to a reef protection marker.

Go slow for those below
The islands and surrounding reefs are home to marine animals, such as turtles, dugong, dolphins and whales.

- Always watch out for marine animals and avoid boat strike.
- If you see a sick or dead marine animal please phone RSPCA Qld on 1300 ANIMAL (1300 264 625).
Watching whales
Humpback whales visit the Whitsunday area between May and September during their annual breeding migration. Calving and mating is a particularly vulnerable time for these charismatic creatures, and special rules are in place to limit potential tourist impacts. For their safety and yours, vessels must not approach closer than 300m of a whale in the Whitsundays Whale Protection Area, as marked on a marine park zoning map.

Know your zones
The Whitsundays are in a marine park zone, which allows certain activities in some areas—with or without a permit—but prohibits them in others. Zoning maps are available from many local outlets, from Queensland Parks and Wildlife Service (QPWS) offices and online at gbrmpa.gov.au/zoning-permits-and-plans/zoning/zoning-maps.

The maps include public moorings and anchoring areas. You must always check for regulations, and specifically note the ‘designated water sports areas’ and the pink zone—i.e. no-go and no-take rules all year—that covers Eshelby and Little Eshelby islands.

Protect nesting coastal birds and sea turtles
From October to April, sea turtles and thousands of coastal birds migrate to the Whitsundays to breed. Please observe restrictions to nesting sites and activities to help protect them.

Significant site protection—access restrictions

<table>
<thead>
<tr>
<th>Island</th>
<th>Period of restriction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bird Island</td>
<td>All year</td>
</tr>
<tr>
<td>East Rock</td>
<td></td>
</tr>
<tr>
<td>Edwin Rock</td>
<td></td>
</tr>
<tr>
<td>Eshelby Island (pink zone: no-go and no-take)</td>
<td>All year</td>
</tr>
<tr>
<td>Little Eshelby Island (pink zone: no-go and no-take)</td>
<td>All year</td>
</tr>
<tr>
<td>Armit Island (south beach)</td>
<td>Between 1 October and 31 March (inclusive)</td>
</tr>
<tr>
<td>Double Cone Island (west island)</td>
<td></td>
</tr>
<tr>
<td>Grassy Island (south beach)</td>
<td></td>
</tr>
<tr>
<td>Little Armit Island</td>
<td></td>
</tr>
<tr>
<td>Olden Rock (south of Olden Island)</td>
<td></td>
</tr>
<tr>
<td>Shaw Island (beach east of Burning Point)</td>
<td></td>
</tr>
<tr>
<td>South Repulse Island (west beach, excluding campsite)</td>
<td></td>
</tr>
<tr>
<td>Whitsunday Island, Steens Beach</td>
<td></td>
</tr>
</tbody>
</table>

Significant site protection—regulations
- You must keep to a six knot speed approximately within 200m of the low water mark.
- No aircraft are allowed below 1500 feet (above ground or water), or to approach within 1000m.
- Stay out of the boat-free zones—that is approximately 200m around the following islands between 1 October and 31 March each year.
  - East Rock
  - Edwin Rock
  - Olden Rock (south of Olden Island)
- Stay out of intertidal beaches that are closed temporarily to protect endangered wildlife.

Go slow for those below. Dugong mother and calf spend at least two years together.

Photo: © Kay Kunze
Journey wisely

Packing checklist
- Adequate drinking water, food and emergency supplies.
- Complete first-aid kit suitable for remote and/or marine situations.
- Detailed maps showing travel routes and distances.
- GBRMPA zone map MPZ10 for boaties.
- Sturdy rubbish bags and/or sealable, animal-proof containers. No bins are provided.
- Topographic map, compass and personal location beacon (PLB) for long distance walking.

Be safe

⚠️ Be croc-wise! Estuarine crocodiles live in some areas of the Whitsundays. Always stay alert, stay with your children, secure food and rubbish and camp away from the water. Take care particularly around near-shore islands, such as the Molle island group.

⚠️ Seek medical attention if stung by marine stingers. They are prevalent from November to May but may be present all-year. Wear suitable protective clothing (stinger suit) and carry vinegar as first aid to treat a sting.

⚠️ Never swim alone and stay out of strong currents. There are no lifesavers at any Whitsunday beaches.

Camping
- Book well in advance. Camp sites in popular parks book out quickly, especially in peak periods.
- Book online at qld.gov.au/camping or over-the-counter at QPWS office, corner of Mandalay and Shute Harbour Roads, Airlie Beach (open 9am – 4.30pm Mon – Fri).
- No generators.
- No ash-producing barbecues.
- Bring fuel stoves for cooking.
- Treat any water collected from tanks or watercourses, before drinking.

Avoid touching stinging trees. Brushing up against stinging tree leaves or fruit is extremely painful.

Stinging trees
Tiny, hollow, needle-like hairs on their heart-shaped leaves pierce your skin, break off and release an irritant poison. There’s intense, often long-lasting pain at the site and some effects can last up to three months. Rubbing the site and pouring water over it makes it worse! Seek treatment if badly affected.
Cyclones, storms and tides

• Stay informed of the weather—cyclone season is November to April; storms anytime.
• Never set out walking, riding, swimming or boating if a storm (or cyclone) is close.
• Be prepared—Islands may be evacuated well in advance of a cyclone making land.
• Tides and currents affect various passage and channel crossings differently—don’t take risks, use maps and get local information.

Be responsible

• Be pest-free! Make sure all camping equipment, backpacks, clothes, shoes and supplies are free of seeds, cane toads, geckoes, insects (including ants and their eggs) and soil.
• Leave nothing behind. Take plastics, food scraps, cigarette butts, sanitary and hygiene items, out of the parks and off islands and dispose of them responsibly.
• Bush toileting? Bury and cover waste and used paper.
• Stay away from nesting shorebirds.

Did you know?

• Never feed or leave food available for wildlife. Penalties apply.
• Domestic animals are prohibited in all island and mainland national parks and beaches, and intertidal areas adjacent to island national parks in the Whitsunday area. Penalties apply.
• Careless anchoring and kicking damages corals. Don’t touch corals with fins. Anchor and stand on sand next to corals.
• Boaties, go slow for those below—boat strike can kill turtles, whales and dugong.

Be careful

• Never walk or bike ride alone.
• Plan everything you do according to your fitness level.
• Wear sturdy boots, sun protective clothing and insect repellent.
• Travel light and pack smart.
• Don’t let the tides or time catch you out.
• Always inform family or friends of your planned itinerary.

• Carry navigation and communication equipment—mobile phone (although reception is limited), satellite phone, marine radio and/or a Personal Locator Beacon (PLB).
• Drink plenty of water and eat energy foods to sustain you on the more strenuous tracks.

Know your limits

Track and trail classifications

<table>
<thead>
<tr>
<th>Class</th>
<th>Symbol</th>
<th>Suits</th>
<th>Track description</th>
</tr>
</thead>
<tbody>
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<td>2</td>
<td>🗺️</td>
<td>Families with young children</td>
<td>Track has a hardened or compacted surface and may have a gentle hill section or sections and occasional steps.</td>
</tr>
<tr>
<td>3</td>
<td>🗺️</td>
<td>People with some bushwalking experience</td>
<td>Track may have short steep hill sections, a rough surface and many steps.</td>
</tr>
<tr>
<td>4</td>
<td>🗺️</td>
<td>Bushwalking experience essential</td>
<td>Tracks may be long, rough and very steep. Directional signage may be limited.</td>
</tr>
<tr>
<td>Easy</td>
<td>🗺️</td>
<td>Novice riders with basic skills and fitness</td>
<td>Wide trail with a gentle slope and a relatively obstacle-free, hardened natural slope.</td>
</tr>
<tr>
<td>Intermediate</td>
<td>🗺️</td>
<td>Experienced riders with moderate skills and fitness</td>
<td>Trail with obstacles, variable surface and moderate slope. May include steep sections.</td>
</tr>
<tr>
<td>Difficult</td>
<td>🗺️</td>
<td>Experienced riders used to physically-demanding routes</td>
<td>Challenging and variable trail with long steep climbs or descents, loose surfaces and unavoidable obstacles.</td>
</tr>
</tbody>
</table>

Above left: Keep a watch on the weather. Above right: Have fun but know your limits. Below right: Get local advice.

Photo: (above left) Mick Barrett © Qld Govt; (above right) © Tourism and Events Queensland; (below right) Justin Heitman © Qld Govt
Connect with Queensland National Parks

- qld.gov.au/nationalparks
- qld.gov.au/camping
- qld.gov.au/park-alerts (access, closures and conditions)
- qldnationalparks
- @QldParks; #QldParks

For help planning your holiday visit qld.gov.au/nationalparks
qld.gov.au/camping
qld.gov.au/park-alerts (access, closures and conditions)
qldnationalparks
@QldParks; #QldParks

Useful contacts

For all emergencies: Dial Triple Zero (000)

Road conditions: Visit the Department of Transport and Main Roads at qldtraffic.qld.gov.au or phone 13 19 40.

Marine park information: Great Barrier Reef Marine Park Authority at gbrmpa.gov.au

Weather conditions: bom.gov.au

- Reef Zoning Map App (free download)
- ‘Eye on the Reef’ App: gbrmpa.gov.au
- Triple Zero (000) emergency App (free download): emergencyapp.triplezero.gov.au/