For your safety:

- Always expect to find something on the track around the next corner and ride with caution. You may encounter fallen trees, water-eroded tracks, animals and other riders (especially on the two-way trail sections).
- Ride with friends and always let a reliable person know where you are going and when you expect to return, so they can call for help if needed. Remember to tell them you are back!
- Carry a first-aid kit, basic bike repair kit and mobile phone. Be aware that reception is unreliable in this park. Ride responsibly—stay on the defined trail bike tracks and follow safety and advisory sign instructions.
- Be aware that a separate mountain bike trail runs between the trail bike loop track. For everyone’s safety and enjoyment, stay on the trail bike track.