Welcome to Lamington National Park

Explore ancient forests, enjoy spectacular views, encounter exceptional wildlife and admire waterfalls galore. An extensive walking track network allows you to discover all the grandeur of World Heritage listed Lamington National Park!

Lamington is truly an escape into nature. A walk in this park can take you to places where you hear only birds, the wind or running water and see nothing but forests and grand vistas—it’s serenity!

World Heritage wonder

This area is recognised as one of the world’s most outstanding and valuable places—protecting ancient trees, biological diversity, ongoing geological processes and exceptional ecological history. In December 1994, Lamington National Park (along with parts of Springbrook, Mount Barney and Main Range national parks) was internationally recognised for its ecological importance and declared part of the Gondwana Rainforests of Australia World Heritage Area.

Getting there

Lamington National Park has two sections—Green Mountains (O'Reilly) and Binna Burra. If you’re using GPS directions type ‘Lamington National Park Road’ for Green Mountains or ‘Binna Burra’ for Binna Burra.

Green Mountains

Exit the Pacific Motorway at Beenleigh or Nerang and follow signs to Canungra. The 36km winding and often narrow road from Canungra is unsuitable for recreational vehicles longer than 4m and vehicles towing caravans and camper trailers.

Binna Burra

Exit the Pacific Motorway at Nerang and follow signs west to Lamington National Park—Binna Burra. The final 1.8km of the drive is very narrow and winding.

Stay in Lamington

There’s so much to discover in Lamington National Park that you’ll want to stay for more than a day! Treat yourself to a night or two (or more) at one of the two world-renown ecodges—O’Reilly’s Rainforest Retreat or Binna Burra Mountain Lodge—they have a variety of accommodation options available from apartments and cottages to campervan and safari tent sites and spots to pitch your own tent. There’s also a range of accommodation in and around Canungra, Beechmont and other towns in the Gold Coast hinterland. Visit queensland.com for more information.

Gondwana wanderings

Explore the Gondwana Rainforests of Australia World Heritage Area by walking one of Australia’s best walking track networks, with approximately 130km of formed tracks. Both Green Mountains and Binna Burra sections of the park offer a range of walking opportunities for visitors of all fitness levels and bushwalking experience. Choose the walk that best suits the fitness and bushwalking experience of your group—it will make a world of difference.

Walking times are calculated on the time it takes to walk to the destination and return. Please allow longer when walking with children or those less fit. Allow for extra time to rest and soak in the landscapes and spectacular views.

Some walking tracks in Lamington can fall and rise up to 450m—that’s the equivalent of climbing the stairs of a 115 storey high rise building!

Short walks in Green Mountains

1. **Centenary track**

1.8km return. Allow about 30min walking time.

Take a stroll through an aromatic forest filled with vibrant birdlife. This track is often scattered with the bright-red fruit of the southern satinish and yellow citrus-smelling lemon aspen fruit. Bench seating provides plenty of spots to sit and watch for regent and satin bowerbirds darting through the branches and Albert’s lyrebirds scratching in the leaf litter.

2. **Rainforest return**

1.4km return. Allow about 30min walking time.

‘Walk back in time’ signs along this track take you on a journey through 23 million years of Lamington’s geological history. Along the track, look for logrunners and yellow-throated scrubwrens foraging on fallen tree trunks and pademelons grazing in the undergrowth.

With pride, this heritage—the world’s heritage—is protected and presented. People visit Lamington and make a connection, one that sees them return again and again. Help to ensure this wonderful area can be enjoyed by future generations: tread softly and leave no trace!

— Ranger Wil

[Image: Nicholas Hill © Qld Govt (above); Anna Osetroff © Qld Govt (above).]
3 Python Rock track
3.1km return. Allow about 1hr walking time.
Wander through rainforest where curved buttress roots rise from the ground and booyong and fig trees tower overhead. Listen for the guttural ‘popping’ of the masked mountain frog on wet or moist days in late spring and summer. Inhale the sweet scent of flowering grasstree spikes as you pass into open eucalypt forest near Python Rock lookout. Enjoy superb views of Morans Falls, Castle Crag and Mount Razorback.

4 Morans Falls track
4.4km return. Allow about 1.5hr walking time.
Walk through subtropical rainforest featuring twisted vines and bird’s nest ferns to a lookout with spectacular views of Morans Falls tumbling 80m into the valley below. Follow the track over a crystal-clear creek to Morans Clearing lookout and take in sweeping vistas over the Albert River valley towards Mount Lindesay and Mount Barney in the distance.

Full day walks in Green Mountains
5 Box Forest circuit
10.9km return. Allow about 4hr walking time.
Head anticlockwise through rainforest and pass impressive stands of pink-barked brush box and a few Antarctic beech trees. Stop at Picnic Rock to listen to the cascading creek before reaching the photo-worthy Elabana Falls. Return the way you came or walk the whole circuit and be rewarded with views of many other picturesque waterfalls.

6 West Canungra Creek circuit
13.9km return. Allow about 5.5hr walking time. We recommend walking this circuit clockwise.
Descend past Darraboola Falls through lush rainforest dotted with red cedars, to the tranquil waters of Yerralahla (blue pool) and West Canungra Creek. You might be surprised by the hissing and snapping of bright blue Lamington spiny crayfish. Look out for snakes basking on the sun-dappled track or on rocks near the creek.

Warning: completing this circuit involves several creek crossings. Take care as these crossings may be difficult to navigate, especially after rain, and the track might not be obvious in places. Look for orange directional arrows at the creek crossings to navigate the circuit. Also, eels inhabit the West Canungra Creek, they bite when threatened and injuries have occurred.

7 Toolona Creek circuit
17.4km return. Allow about 6hr walking time. We recommend walking this circuit clockwise.
Enjoy the cool spray from the many waterfalls, such as Chalahn and Toolona falls, as you journey up through Toolona Gorge to Wanungara lookout. The narrow gorge creates a protected, moist and shady refuge for many ancient rainforest plants, such as giant king ferns.

Albert River circuit
21.8km return. Allow about 7hr walking time. We recommend walking this circuit anticlockwise.
Wind down through forests of Antarctic beech to a lush rainforest gully featuring Echo Falls. Follow a branch of the Albert River up to Echo Point lookout to enjoy panoramic views from Mount Wupawn to Mount Durigan on the McPherson Range and south to the Tweed Range.

Full day walks accessible from both Green Mountains and Binna Burra
9 Border Track
21.4km one way only. Allow about 7hr walking time.
Connecting Binna Burra and Green Mountains sections of the park, the Border Track is the backbone of the Lamington walking track system, with most walks branching off it. Embark on this well-known track and walk on the edge of an erosion caldera—a remnant of the 23 million year old Tweed Volcano. Be rewarded with spectacular views, encounters with wildlife and a trek to the highest peak in the park—Mount Bithongabel (1,199m).

There is a short (600m return), steep side track to Merino lookout that provides some of the best views of McPherson and Beechmont ranges, the Gold Coast and Wollumbin (Mount Warning).

Warning: there is no shorter way to walk from either trailhead in the park. Stay on the Border Track. Other routes may appear to reduce the distance, but end up being longer. Whatever end you begin, leave as the sun rises and organise to be picked up at the end of your walk or stay overnight at your destination.
Short walks in Binna Burra

10 Rainforest circuit
1.2km return. Allow about 30min walking time.
Get a great introduction to the ‘typical’ warm subtropical rainforest of Lamington. Wander under the thick, green canopy and listen for distinctive calls of catbirds and bowerbirds.

11 Tullawallal circuit
5km return. Allow about 1.5hr walking time. We recommend walking this circuit clockwise.
The pristine rainforest along this track gradually changes from warm subtropical rainforest dotted with strangler figs, plank buttresses, vines and epiphytes, to cool temperate rainforest with fewer buttresses and vines and more mosses and ferns. The transformation is complete when you reach the ancient Antarctic beech forest at Tullawallal—the northernmost patch of this forest in Australia. Return via the Loop track to complete the circuit.

12 Caves circuit
5km return. Allow about 1.5hr walking time. We recommend walking this anticlockwise and returning via the same track.
Wind up through open forest where koalas are often seen, and into rainforest, passing Kweebani Cave. Stop at Collins chair to take in excellent views across the Darlington Range and down into the Coomera Valley.

13 Gwongoorool track
6km return. Allow about 2hr walking time.
Descend a series of steep rock steps (approximately 200 in total) to the Coomera River, passing cliffs of beautiful volcanic ash (tuff). At the valley floor, follow the Coomera River to picturesque Gwongoorool Pool. The river, along with all of Lamington’s waterways, is important habitat for threatened frogs and other aquatic wildlife.

14 Lower Bellbird circuit
12km return. Allow about 4hr walking time. We recommend walking this anticlockwise and returning via the same track.
Admire spectacular views across Ships Stern, Turtle Rock, Kurarragin (Egg Rock), and down into Numinbah Valley from Koolanilbilba and Yangahla lookouts. Wind your way past cliff faces adorned with orchids and ferns, cross mountain streams and pass through a patch of dry rainforest dominated by hoop pine—regarded as an example of the rise of ‘dry adapted’ flora now widespread in Australia.

15 Daves Creek circuit
12km return. Allow about 4hr walking time. We recommend walking this circuit clockwise.
Wind through a fascinating variety of vegetation—from lush rainforests to towering eucalypts and sparse mallee woodland to colourful montane heath. Enjoy magnificent views from Numinbah lookout and keep an eye out for Surprise Rock—a volcanic dyke made of hardy trachyte. Be sure to stop and enjoy the cool surrounds of Picnic Creek.

Danger: this circuit contains unstable surfaces. Rockfalls may occur on the track and in Kweebani Cave. For your safety, avoid lingering near the cave—move along the circuit and view the cave from a safe distance. Please return to the trailhead via the same track to avoid walking beside the bitumen road to complete circuit. Traffic can be busy, especially on weekends.
19 Mount Hobwee circuit
18.2km return. Allow about 8hr walking time.
We recommend walking this circuit clockwise.
Wind up through rainforest filled with ferns, stream lilies, fungi and epiphytes, to the Antarctic beech-clad summit of Mount Hobwee (1,164m). Look for clusters of beech oranges—the fruiting body of a fungus species only found on Antarctic beech trees in Australia and South America.

20 Ship Stern circuit
21km return. Allow about 8hr walking time.
We recommend walking this circuit clockwise.
Descend past scenic lookout and through a stand of piccabeen palm to the floor of Nixon Valley. Take the short Lower Ballunjui Falls side track (an additional 1.2km return) to the bottom of the falls. Continuing on the circuit, cross Nixon Creek and head up to the top of Ships Stern Range, enjoy impressive views from a number of lookouts. Another side track (an additional 2.6km return) leads to Nagarigoon and Upper Ballunjui falls.

21 Illinbah circuit
16.6km return. Allow about 8hr walking time.
Descend steeply along the Gwongoorool track through rainforest and open forest to the Coomera River. Rock-hop or wade through the swirling river waters as you navigate the many crossings following the 'Old Cedar Road'. It's remarkable to think that timber-getters once hauled timber through this valley!

Warning: this circuit is only for very fit and experienced bushwalkers. In hot weather it may be less strenuous to walk this circuit in an anticlockwise direction. Always carry enough drinking water. River crossings can be hazardous after heavy rain and should not be attempted when the river is in flood.

16 Coomera circuit
17.4km return. Allow about 7hr walking time.
We recommend walking this circuit anticlockwise.
Walk up to Coomera Falls lookout and witness the power of the Coomera River as it cascades over the magnificent Coomera and Yarrabilgong falls. Follow the Coomera River past a series of other lovely cascades and waterfalls and look for Lamington spiny crayfish along the way.

Warning: this circuit has several river crossings which involve stepping from rock to rock. This can be hazardous after heavy rain and should not be attempted when the river is in flood—you may get caught between creek crossings.

17 Araucaria lookout track
17.8km return. Allow about 7hr walking time.
Enjoy impressive views towards the Springbrook plateau from both Orchid Bower lookout and Araucaria lookout—named after the hoop pines that can be seen from the lookout. These hoop pine communities are living representatives of the Jurassic Age (the age of the conifers) from about 180 million years ago.

18 Wagawn track
18km return. Allow about 8hr walking time.
Hike up, often through misty clouds, to Garragoolba lookout for uninterrupted views of Springbrook, the Tweed Valley and the impressive monolith of Wollumbin (Mount Warning). Venture up to the summit of Wagawn before returning along the same track.

Warning: this hike is only for very fit and experienced bushwalkers. In hot weather it may be less strenuous to walk this circuit in an anticlockwise direction. Always carry enough drinking water. River crossings can be hazardous after heavy rain and should not be attempted when the river is in flood.
Green Mountains walking tracks

Distances and walking times are measured from the trailhead and return. The coloured track code column shows the route to complete each walk.

<table>
<thead>
<tr>
<th>Track name</th>
<th>Classification</th>
<th>Track starting point (direction)</th>
<th>Coloured track code</th>
<th>Return distance</th>
<th>Walking time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centenary track</td>
<td>Grade 1</td>
<td>Python and Morans Falls trailhead</td>
<td></td>
<td>1.8km</td>
<td>30min</td>
</tr>
<tr>
<td>Rainforest return</td>
<td>Grade 2</td>
<td>Green Mountains trailhead</td>
<td></td>
<td>1.4km</td>
<td>1hr</td>
</tr>
<tr>
<td>Python Rock track</td>
<td>Grade 3</td>
<td>Python and Morans Falls trailhead</td>
<td></td>
<td>1.4km</td>
<td>30min</td>
</tr>
<tr>
<td>Morans Falls track</td>
<td>Grade 4</td>
<td>Python and Morans Falls trailhead</td>
<td></td>
<td>4.4km</td>
<td>1.5hr</td>
</tr>
<tr>
<td>Box Forest circuit</td>
<td>Grade 4</td>
<td>Green Mountains trailhead (whole circuit)</td>
<td></td>
<td>10.9km</td>
<td>4hr</td>
</tr>
<tr>
<td>West Canungra Creek circuit</td>
<td>Grade 4</td>
<td>Green Mountains trailhead (best walked clockwise)</td>
<td></td>
<td>13.9km</td>
<td>5.5hr</td>
</tr>
<tr>
<td>Toolona Creek circuit</td>
<td>Grade 4</td>
<td>Green Mountains trailhead (best walked clockwise)</td>
<td></td>
<td>17.4km</td>
<td>6hr</td>
</tr>
<tr>
<td>Albert River circuit</td>
<td>Grade 4</td>
<td>Green Mountains trailhead (best walked anticlockwise)</td>
<td></td>
<td>21.8km</td>
<td>7hr</td>
</tr>
<tr>
<td>Border Track</td>
<td>Grade 4</td>
<td>Green Mountains trailhead to Binna Burra trailhead</td>
<td></td>
<td>21.4km one way</td>
<td>7hr</td>
</tr>
</tbody>
</table>

Binna Burra walking tracks

Distances and walking times are measured from the trailhead and return. The coloured track code column shows the route to complete each walk.

<table>
<thead>
<tr>
<th>Track name</th>
<th>Classification</th>
<th>Track starting point (direction)</th>
<th>Coloured track code</th>
<th>Return distance</th>
<th>Walking time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rainforest circuit</td>
<td>Grade 2</td>
<td>Binna Burra trailhead (either direction)</td>
<td></td>
<td>1.2km</td>
<td>30min</td>
</tr>
<tr>
<td>Tullawallal circuit</td>
<td>Grade 3</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>5km</td>
<td>1.5hr</td>
</tr>
<tr>
<td>Caves circuit</td>
<td>Grade 4</td>
<td>Saddle trailhead (best walked anticlockwise)</td>
<td></td>
<td>5km</td>
<td>1.5hr</td>
</tr>
<tr>
<td>Gwongooool track</td>
<td>Grade 4</td>
<td>Picnic area trailhead</td>
<td></td>
<td>6km</td>
<td>2hr</td>
</tr>
<tr>
<td>Lower Bellbird circuit</td>
<td>Grade 4</td>
<td>Saddle trailhead (best walked clockwise)</td>
<td></td>
<td>12km</td>
<td>4hr</td>
</tr>
<tr>
<td>Daves Creek circuit</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>12km</td>
<td>4hr</td>
</tr>
<tr>
<td>Coomer circuit</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked anticlockwise)</td>
<td></td>
<td>17.4km</td>
<td>7hr</td>
</tr>
<tr>
<td>Araucaria lookout track</td>
<td>Grade 4</td>
<td>Binna Burra trailhead</td>
<td></td>
<td>17.8km</td>
<td>7hr</td>
</tr>
<tr>
<td>Wagawn track</td>
<td>Grade 4</td>
<td>Binna Burra trailhead</td>
<td></td>
<td>18km one way</td>
<td>8hr</td>
</tr>
<tr>
<td>Mount Hobwee circuit</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>18.2km</td>
<td>8hr</td>
</tr>
<tr>
<td>Ship Stern circuit</td>
<td>Grade 4</td>
<td>Saddle trailhead (best walked clockwise)</td>
<td></td>
<td>21km</td>
<td>8hr</td>
</tr>
<tr>
<td>Illinbah circuit</td>
<td>Grade 5</td>
<td>Picnic area trailhead (best walked anticlockwise in hot weather)</td>
<td></td>
<td>16.6km</td>
<td>8hr</td>
</tr>
<tr>
<td>Border Track</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>21.4km one way</td>
<td>7hr</td>
</tr>
</tbody>
</table>
It's easy—here's how:

To help preserve this pristine environment please remember:

- Tread softly
- Leave your pets at home
- There are no toilets away
- Cooking—no open fires are allowed in the park;
- Rubbish—pack it in, pack it out.

Walking track classifications:

- Grade 1: Flat, even surface with no steps.
- Grade 2: Gently undulating.
- Grade 3: Occasionally steep.
- Grade 4: Rough track. May be long and very steep with few directional signs.
- Grade 5: Rough track. May be long and very steep with few directional signs.

Ranger's tips:

- No previous bushwalking experience required.
- No signs or markers provided, except where necessary to reduce confusion.
- All junctions sign-posted. May include interpretive signs.
- River and creek crossings can be hazardous after heavy rainfall.
- Mobile phone coverage may not be reliable; however you may get an emergency call.
- Emergency phone numbers are displayed at key points along the track.
- Rainforest is unpredictable. A change in weather can make conditions dangerous.
- Areas of the rainforest are not normally traversed by vehicles and you must carry your supplies.
- The best walks in the park.

- Fascinating forests, unusual volcanic features, captivating views.
- You might see other walkers on the track—be patient and courteous.
- Sit back and take it all in.
- The perfect place to sit and have a rest is a shady picnic area.
- It's best to arrive at your vehicle before dark.
- During the winter months, there are fewer insects, the weather is cooler and there is less chance of encountering dangerous animals.
- A good hat is essential in summer.
- Be aware of the dangers of cliffs near the coasts.
- Dangers of river crossings.
- All cash points are located at the campgrounds.
- Take a map of the Lamington National Park Road.
Tread softly

To help preserve this pristine environment please remember that everything is protected. Try to leave no trace of your visit. It’s easy—here’s how:

- **Rubbish—pack it in, pack it out.** All rubbish (including food scraps, cigarette butts and sanitary and hygiene items) must be carried out.
- **Cooking—no open fires are allowed in the park;** fuel stoves must be used.
- **Bush hygiene—keep it clean!** There are no toilets away from picnic and camping areas, so take care with sanitation and hygiene and don’t pollute the natural water supplies.
- **Do the frogs and the forest a favour**—wash your boots at the pathogen control stations and help stop the spread of harmful organisms.
- **Be frog friendly**—please don’t disturb or remove rocks or trample vegetation near creeks.
- **Don’t feed the wildlife.** Feeding native animals may cause poor health and sometimes death.
- **Leave your pets at home**—domestic animals are not permitted in national parks.

Adventure safely

Lamington is a remote area and has many natural hazards, so be careful and don’t take risks. Be prepared—even on short walks. Rescue and medical help can be hours away—even by helicopter.

- **Stay on the tracks**—why risk injury or becoming lost. Pay attention to all safety signs.
- **Take care near cliff edges.** Keep away from the edge and take extra care when using binoculars or cameras.
- **Never dive or jump into rivers and creeks**—water depth may be shallow or hide submerged debris, rocks or objects.
- **River and creek crossings can be hazardous** after heavy rain and should not be attempted when the waterways are in flood.
- **Leave a copy of your bushwalking plans** with a friend, relative or your place of accommodation.
- **Leave plenty of time to reach your destination and return** to your vehicle before dark.
- **Walk in small groups, never alone**—in case someone needs to go for help. Always keep your walking party together.
- **Wear sturdy, ankle-supporting footwear** and carry protective clothing. Temperatures and weather can change rapidly.
- **Carry sufficient food and water as well as a first-aid kit** and a torch.
- **Use insect repellent** for ticks and leeches.

Emergency

Call Triple Zero (000).

Mobile phone coverage may not be reliable; however you may get a signal at elevated locations.
Green Mountains walking tracks

It's easy—here's how:

• Tread softly

To help preserve this pristine environment please remember:

• Don't feed the wildlife.
• Bush hygiene—keep it clean!
 realms
• All rubbish (including
  harmful organisms.
• Pay attention to all safety signs.

Walking track classifications

• Flat, even surface with no steps.
• May be overgrown, expect hazards such as fallen trees and
  a rough surface and many steps.
• High level of fitness, extensive bushwalking experience, navigation
  and a torch.
• Moderate fitness level with previous bushwalking experience and
  for ticks and leeches.
• No previous bushwalking experience required.

Distances and walking times are measured from the trailhead and return. The coloured track code column shows the route to complete each walk.

<table>
<thead>
<tr>
<th>Track name</th>
<th>Classification</th>
<th>Track starting point (direction)</th>
<th>Coloured track code</th>
<th>Distance one way</th>
<th>Walking time one way</th>
</tr>
</thead>
<tbody>
<tr>
<td>Box Forest circuit</td>
<td>Grade 4</td>
<td>Green Mountains trailhead</td>
<td></td>
<td>4.4km</td>
<td>1.5hr</td>
</tr>
<tr>
<td>Morans Falls track</td>
<td>Grade 4</td>
<td>Python Rock and Morans Falls trailhead</td>
<td></td>
<td>2.2km</td>
<td>1hr</td>
</tr>
<tr>
<td>Mount Hobwee circuit</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>21km</td>
<td>8hr</td>
</tr>
<tr>
<td>Wagawn track</td>
<td>Grade 4</td>
<td>Binna Burra trailhead</td>
<td></td>
<td>5km</td>
<td>1.5hr</td>
</tr>
<tr>
<td>Coomera circuit</td>
<td>Grade 4</td>
<td>Binna Burra trailhead (best walked anticlockwise in hot weather)</td>
<td></td>
<td>17.4km</td>
<td>7hr</td>
</tr>
<tr>
<td>Tullawallal circuit</td>
<td>Grade 3</td>
<td>Binna Burra trailhead (best walked clockwise)</td>
<td></td>
<td>10.9km</td>
<td>4hr</td>
</tr>
<tr>
<td>Lamington spiny crayfish</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“ I love waking up early before people are out and about to watch the flurry of activity as the birds start their day. Python Rock lookout is the ideal place to sit back and take it all in.
Ranger Mykel

“ During the winter months, if you walk quietly along the Python Rock track you might hear the distinct ringing calls and mimicry of the elusive Albert’s lyebird.
Ranger Kevin

—please don’t disturb or remove rocks or

trample vegetation near creeks.

poor health and sometimes death.