RELAX OR GO WILD

Pack warm clothes (no matter what season) and take an easy country drive 260km south of Brisbane to Girraween or Sundown national parks on the Queensland–New South Wales border.

Be enticed by cool streams on sunny summer days and the songs of migrating woodland birds in autumn. Revel in icy winter mornings followed by clear blue skies and the promise of colourful wildflowers bursting into blossom in spring.

Getaways to Girraween mean great family fun with a hint of adventure—whether for a few hours or days. Sundown offers solitude and the challenge of scenic four-wheel drives, remote long distance hikes, or the chance to simply relax by the Severn River and throw in a line.

Whichever stunning national park you visit on the Granite Belt, be sure to allow time along your journey to savour the delights of Queensland’s premium food and wine region.

GETTING THERE

Girraween is an easy country drive along bitumen roads: turn east off the New England Highway halfway between Stanthorpe and Tenterfield. Stop at Girraween’s information centre to find out more about the park and what you can see and do when you visit.

Sundown has three entrances via unsealed roads. You can drive your car to The Broadwater at the park’s southern end (near Glenlyon Dam), but will need a high clearance 4WD to access Nundubbermere Falls in the north and Sundown’s eastern section via Ballandean.

Embrace Girraween’s granite wonderland

Longing for a nature escape? Wander past imposing granite outcrops, around amazing rock sculptures, into hidden crevices or relax by a rockpool. Climb to a peak and feel like you’re on top of the world! Delight at a myriad of feathered, furred or scaly creatures, and delicate wildflowers splashing colour among the granite in spring. Girraween is an Aboriginal word meaning ‘Place of Flowers’ and its changing seasons will lure you back time and time again.

From easy Wyberba walk to a challenging full day hike to Mount Norman and back, it takes more than a couple of days to explore Girraween’s 11 800 hectares of rock-strewn ridges, cascading creeks and fascinating forests.

Thrill at seeing The Pyramid or hiking up it for the first time. Stand in awe under Granite Arch. Delight in discovery along the creek or between boulders on the Bald Rock Creek circuit or The Junction track, where enticing rockpools beckon you to dip in your toes or watch reflections in still, chilly waters. Simply disappear! Underground Creek will amaze as water mysteriously vanishes and then resurfaces to continue its journey downstream to Dr Roberts Waterhole. Get your blood pumping on a longer hike to imposing Castle Rock, The Sphinx or Turtle Rock, where you’ll gaze over rugged scenery formed by molten rock that has been uplifted, exposed and eroded by water, wind and ice. Be transported into Girraween’s remote ‘back country’ when you visit Mount Norman day-use area, cycle or walk shared trails, or take on the challenge of an overnight hike.

We work in the coolest parks in Queensland!

Not only is winter cold enough for ice to form on rockpools, but there’s nowhere else like Girraween and its massive granite boulders and spectacular springtime wildflowers. Sundown is rugged and best explored on foot or in a four-wheel-drive. Winter is our favourite time—lyrebirds call, wattles bloom and walking is fabulous under clear blue skies.

Drive only a few hours south-west of Brisbane to picnic with birds, camp with the kangaroos, stroll by a creek, climb a peak or laze like a lizard on a sun-drenched rock.

Ranger Jo on behalf of the Girraween and Sundown Rangers
GET LOST IN NATURE

Release your inner nature lover! This snap-frozen landscape more akin to southern States has plants and animals that don’t occur elsewhere in Queensland.

Sunlit outcrops are the preferred habitat of reptiles that dart under rocks and into crevices. Come face-to-face with a Cunningham’s skink or spot an eastern water dragon by the creek. Thrill at discovering frogs where it’s moist and snakes among leaf litter.

Wake early and greet the birds. Wrens, robins, thornbills and firetails flit through the understorey and honeyeaters, warblers, parrots, treecreepers and flycatchers forage to the tops of eucalypt trees. Be mystified by the master of mimicry. The elusive superb lyrebird—more often heard than seen—is one of the 170 bird species at Girraween and 150 at Sundown.

By day, admire red-necked wallabies and eastern grey kangaroos grazing lazily in open grassy areas. At night, shine a light on nocturnal residents. Catch sight of a crook! Common brushtail possums are bold thieves stealing food from unwary campers! Glimpse tiny sugar and feathertail gliders in trees or bush rats, antechinus and echidnas rummaging across the ground for food.

Immerse yourself in the wildflower spectacle setting Girraween’s forests, woodlands and heathlands ablaze with colour from late winter to summer. Starting with golden wattle and pea-flowers, displays of more than 700 species of blossoms reach a climax in September and October with delicate white heath bells, grass trigger plants, native bluebells, banksias, native sarsaparilla and daisies; then finish with summer-time flannel flowers, bottlebrushes, paperbarks and eucalypts.

FIND SECLUSION AT SUNDOWN

Journey back roads to experience the wild isolation and solitude of rugged ranges and deeply eroded ‘traprock country’ along the Severn River.

Camp on a river flat at Sundown’s southern end and throw in a line to see if you can catch a yellow-belly or eel-tailed catfish. Wander to Permanent Waterhole to watch wildlife or swim; or take the Western circuit for extensive views and woodland birds.

See red at Red Rock Gorge, gazing across lichen-stained granite cliffs above which peregrine falcons fly. Then continue the slow and steady four-wheel drive down to the river along the rough, narrow track past abandoned Beecroft Mine where tin, copper and arsenic were mined periodically from the 1870s.

Keep watch for brush-tailed rock-wallabies hiding among rocks near Nundubbermore Falls and wallaroos grazing steep slopes. Spot red-capped robins, spiny-cheeked and striped honeyeaters, red-winged parrots and turquoise parrots in dry southern areas, and tiny azure kingfishers along the river.

Challenge your fitness and bushwalking skills with a hike into remote, rugged ranges (not for the inexperienced). For a half day adventure, make your own way following the creek downstream from Burrows Waterhole to Rats Castle (in the eastern section) or into Ooline Creek or McAllisters Creek (from The Broadwater at the southern end). Reaching other remote features can take several days.
Camping at a glance

At Girraween

Bald Rock Creek camping area

Tent and camper trailer sites tucked away in the bush plus more social ones in an open, semi-grass area. Some sites are sunny. Short walk to Bald Rock Creek.

Castle Rock camping area

Sites for caravans, motorhomes, camper trailers, buses and tents in a large open, semi-shaded area with views of granite outcrops. Amenities block has wheelchair access.

At Sundown

The Broadwater camping area

Individual sites on the river bank for tents, camper trailers, small motorhomes and caravans less than 4m long. Has large open area for groups of 15-30 people. Use donkey heater to boil hot water for showers. Pit toilets.

Burrows camping

Attractive shady spots with 4WD access.

Camp restfully

Create camping memories of a lifetime—share the day’s adventures over a barbecue, spot possums and wake with the birds at Girraween’s well-equipped camping areas. Or enjoy ‘roughing it’ in the unspoilt seclusion of Sundown’s wild and rugged terrain with few, or no facilities.

Book your camp sites well in advance at qld.gov.au/camping especially for during the school holidays. Check where fires are permitted before booking, and remember to bring your own clean-milled firewood or fuel stove.

If you need a powered site, or camping isn’t your thing, visit qld.gov.au/camping Book your camp sites well in advance at southernqueenslandcountry.com.au for other places to stay.

Beat around the bush

Savour a bush picnic then hit the trails. Use the free electric barbecues to cook up a storm at popular Bald Rock Creek day-use area in the heart of Girraween, or eat a packed lunch under towering trees at smaller, secluded picnic spots.

Don your hiking boots and get closer to nature on short or long walks. Feel the freedom pedalling through the forest along the Creek or Peak shared trails in Girraween’s back country, but remember cyclists must give way to walkers.

Adventurous mountain bikers experienced in remote terrain can also cycle the rough 4WD access road in Sundown—keep watch for vehicles.

Photos (clockwise from below):

- New England Highway to Tenterfield
- Warwick
- New South Wales
- Mount Norman day-use area
- Bald Rock Creek day-use area
- Girraween's forests, woodlands and heathlands ablaze with colour from late winter to summer. Starting with golden wattle reach a climax in September and October with delicate white flowers' and its changing granite wonderland or scaly creatures, and delicate wildflowers splashing colour to a challenging full day hike into Girraween's remote 'back country' when you visit Mount Norman or Turtle Rock. No formed walking track.

- Stand in awe under cliffs above which peregrine falcons fly. Then continue the slow climb into Girraween's remote 'back country' when you visit Mount Norman or Turtle Rock. No formed walking track.

- Scenic views of Girraween’s granite rockpools, ridges, cascading creeks and blood pumping on a longer hike to imposing Turtle Rock or into Girraween’s remote ‘back country’ when you visit Mount Norman. No formed walking track.

- Thrill at seeing gliders in trees or bush rats, darting under rocks and into crevices. Come face-to-face with one of the 170 bird species at Girraween and 150 at Sundown.

- Girraween’s walks are perfect for the whole family. Kids love climbing shady spots at end of the journey back roads to experience the wild isolation and solitude of Queensland’s premium food and wine region. Pack warm clothes (no matter what season) and take an easy country drive 260km south of Brisbane to Girraween or Sundown. Challenge your fitness and bushwalking skills with a hike into Girraween’s remote ‘back country’ when you visit Mount Norman or Turtle Rock.

- Attraction of Walking Parks, Sport and Racing. 8pm 30 May 2016.

- Untouched or new-friendly plants to save energy and resources.
**Head off the beaten track**

Bounce down Sundown’s steep, narrow 20km 4WD track to relax by the Severn River. Or take a quiet backroad to Girraween’s secluded **Mount Norman day-use area**.

A high clearance 4WD and off-road experience are needed. Drive carefully and take spares in case of flat tyres or breakdowns.

- Camper trailers are not recommended on Sundown’s 4WD road as it’s very rough and has steep, single-lane sections.
- Sundown’s creeks rise rapidly after rain—roads can flood or become boggy.
- Wash your vehicle thoroughly before and after your visit and help stop the spread of weeds.

**The essential packlist**

- Warm clothing. It can turn cold at any time of year.
- Untreated, clean-milled firewood (such as untreated mill off-cuts) for wood barbecues. Firewood cannot be collected from the park.
- Drinking water or sterilisation tablets for treating water from any source.
- First-aid kit. Sun and insect protection.
- Sturdy rubbish bags—for removing your rubbish from the park when you leave. No bins are provided.

**Challenge Ruggedly**

Challenge yourself on a strenuous off-track overnight hike carrying all your gear on your back. Raise a sweat and breathe in the isolation of difficult-to-get-to destinations in rough, rocky country with mind-blowing scenery.

**To hike off-track you MUST be fit, experienced and suitably prepared!** Ensure you have the relevant topographic maps, guide books, a compass or GPS, a personal locating beacon (PLB), and all necessary equipment, food, water and a hiking companion. Be careful and don’t take risks.

Limited remote, walk-in camp sites without facilities are available for experienced bushwalkers. For further details and bookings visit [queenslandnationalparks.com.au](http://queenslandnationalparks.com.au)

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**Waterhole area**

<table>
<thead>
<tr>
<th>Reedy Waterhole bushcamp</th>
<th>Nundubbermere Falls bushcamp</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large open grassy area near the Severn River. Access by 4WD or on foot. No facilities.</td>
<td>Small, semi-shaded grassy area for tents only. Caution: steep drop to river below. No formed walking track. No facilities.</td>
</tr>
</tbody>
</table>

**Remote walkers’ camps**

Sundown’s walkers’ camps (max 8 people each) are not defined and fuel stoves are recommended. Girraween has seven walker’s camps ranging in size to accommodate 4–8 people. Open fires are prohibited. Visit [queenslandnationalparks.com.au](http://queenslandnationalparks.com.au) for GPS references and other details. No facilities.

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**Both parks**

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**Escape boldly**

**Girraween and Sundown national parks**

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**Getaways to Girraween mean great family fun with a hint of adventure, make your own way following the creek downstream from** the southern end. Reaching other remote features can take several days.

**Western circuit** take the narrow track past abandoned where tin, copper and steady four-wheel drive down to the river along the rough,

---

**From Girraween's granite outcrops** see Sundown's rugged ranges in

---

**challenge your fitness and bushwalking skills with a hike into**

---

**underground creek**

---

**turtle rock**

---

**the sphinx**

---

**mount norman**

---

**The Sphinx**

---

**Mount**

---

**scenery formed by molten rock that has been uplifted, exposed and eroded by water, wind and ice. Be transported**

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**Mount Norman day-use area**

---

**Sundown**

---

**Nundubbermere Falls in the north and Sundown’s eastern**

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**Severn River. Access by 4WD or**

---

**Drive carefully and take spares in case of flat tyres or breakdowns.**

---

**Wash your vehicle thoroughly before and after your visit and help stop the spread of weeds.**

---

**Nundubbermere Falls**

---

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- Drinking water or sterilisation tablets for treating water from any source.
- First-aid kit. Sun and insect protection.
- Sturdy rubbish bags—for removing your rubbish from the park when you leave. No bins are provided.

---

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Families with young Bushwalkers with most ages and fitness levels. Keep golden whistlers and spiny-woodland birds including Intermediate and mountain-bikers.

Shared trail—walkers.

Class Symbol Suits Track description
Intermediate Easy
        Class 4
        Class 3

Motorhome
Camper trailer
4WD camping
State border
Unsealed road
Highway

To Stanthorpe–Texas Road

SUNDOWN AND NATIONAL PARK

Relaxing by Bald Rock Creek in Girraween is a perfect way to end a good walk. I like to dangle my feet in a cool rockpool or watch the swirling eddies of a tumbling cascade. You might even be lucky enough to spot a short-necked Bell’s turtle.

Fishing in the Severn River at Sundown is one of the simple pleasures of life.
**Girraween National Park**

Girraween is like a giant’s rock garden, with massive granite boulders perched precariously on others. But it’s the little things in nature that bring it to life. I love sundews. After rain especially, they are scattered alongside Girraween’s waterways and swampy areas. Spare a thought for insects that have been lured in and then...
**Track and Trail Classification**

<table>
<thead>
<tr>
<th>Class</th>
<th>Symbol</th>
<th>Suits</th>
<th>Track Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td><img src="image1" alt="Symbol" /></td>
<td>Families with young children.</td>
<td>Easy level tracks, suitable for all fitness levels—no bushwalking experience needed. May be gentle hill sections or occasional steps.</td>
</tr>
<tr>
<td>3</td>
<td><img src="image2" alt="Symbol" /></td>
<td>Most ages and fitness levels.</td>
<td>Well-defined tracks may have short steep hill sections, a rough surface and steps. Caution needed on decomposed granite and at exposed natural lookouts. Ankle-supporting footwear required.</td>
</tr>
<tr>
<td>4</td>
<td><img src="image3" alt="Symbol" /></td>
<td>Bushwalkers with moderate levels of experience and fitness.</td>
<td>Tracks may be rough with steep, exposed rock inclines and many steps. Caution needed on decomposed granite and at exposed natural lookouts. Ankle-supporting footwear required.</td>
</tr>
</tbody>
</table>

**Easy**

- Beginner riders with basic mountain-bike skills and off-road bikes.
- Skilled mountain-bikers with basic off-road riding skills.

**Intermediate**

Wide trail with gentle gradient and smooth surface. Some obstacles such as roots, logs and rocks.

- Trail with moderate gradients, variable surface and obstacles. May have steep sections.

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**Sundown’s Short/Easy Walks**

1. **Western circuit**<br>4.5km (return) 1.5hrs<br>Ramble above river flats for extensive views and spot woodland birds including golden whistlers and spiny-cheeked, yellow-faced or fuscous honeyeaters. Keep watch for turquoise parrots near the camping area.

2. **Permanent Waterhole**<br>2km (return) 1hr<br>Delve into secret depths. Even in the driest of times Permanent Waterhole is ideal for a swim. Be mesmerised by tiny azure kingfishers near the mouth of Ooline Creek and wildlife coming to drink at dawn or dusk.

3. **Red Rock Gorge lookout**<br>500m (return) 15mins<br>Venture down a short track for stunning views across Sundown’s rugged wilderness. In winter, mimicking lyrebirds call from moisture-loving vine scrubs in the gorge below.

**Girraween’s Short/Easy Walks**

1. **Wyberba walk**<br>280m (one way) 15mins<br>Stroll along the creek glimpsing wrens and bowerbirds, admiring wildflowers and delighting in vistas of The Pyramid. Catch reflections in peaceful waters and take a quick peek at a Bell’s turtle.

2. **Granite Arch**<br>1.6km (return) 30mins<br>A favourite for families and the young at heart—cross Bald Rock Creek and wind through the forest to gaze in wonder at Girraween’s natural stone archway. Perfect if time is short.

3. **Bald Rock Creek circuit**<br>2.2km (return) 1hr<br>Pause to fill your soul with the sounds and smells of the cascading creek. Catch sight of feathered, furry or scally residents. Discover butterflies on bottlebrush and mesmerising patterns in water-sculpted rocks.

---

**Walks at a Glance**

<table>
<thead>
<tr>
<th>Sundown</th>
<th>Class</th>
<th>Distance (return)</th>
<th>Walking time</th>
<th>Access point</th>
</tr>
</thead>
<tbody>
<tr>
<td>Western circuit</td>
<td>3</td>
<td>4.5km</td>
<td>1.5hrs</td>
<td>The Broadwater</td>
</tr>
<tr>
<td>Permanent Waterhole</td>
<td>3</td>
<td>2km</td>
<td>1hr</td>
<td>The Broadwater</td>
</tr>
<tr>
<td>Red Rock Gorge lookout</td>
<td>3</td>
<td>500m</td>
<td>15mins</td>
<td>Red Rock day-use area</td>
</tr>
</tbody>
</table>

**Girraween**

- **Wyberba walk**<br>280m (one way) 15mins
- **Granite Arch**<br>1.6km (return) 30mins
- **Bald Rock Creek circuit**<br>2.2km (return) 1hr
- **The Junction**<br>5.2km (return from The Broadwater) 3–4hrs
**Track and trail classification**

fuscous honeyeaters. Keep golden whistlers and spiny-extensive views and spot 4.5km (return) 1.5hrs

<table>
<thead>
<tr>
<th>Class Symbol</th>
<th>Suits</th>
<th>Track description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>4</td>
<td>Intermediate and mountain-bikers</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>Moderate years of experience and fitness.</td>
</tr>
<tr>
<td>3</td>
<td>2</td>
<td>Experience and fitness needed. May be gentle fitness levels—no bushwalking</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>Easy fitness levels—no bushwalking</td>
</tr>
</tbody>
</table>

**Legend**

- **Unsealed road**: unpaved road suitable for 4WD vehicles or motorbikes.
- **Sealed road**: paved road suitable for most passenger vehicles.
- **Highway**: paved road suitable for all vehicles.
- **National park**: areas managed by the Queensland National Parks and Wildlife Service.
- **Mines**: mining activities are occurring in the area.
- **Barbecue—electric**: Electric barbecues are available at the location.
- **Motorhome**: Motorhome parking is available at the location.
- **4WD camping**: 4WD camping is available at the location.
- **Picnic table**: Picnic tables are available at the location.
- **Waterhole**: Waterholes are available for drinking and swimming.
- **Blue Gorge Creek**: Blue Gorge Creek is a popular destination for swimming and relaxation.
- **Mt Donaldson Creek**: Mt Donaldson Creek is a scenic destination for walking and exploring.
- **Underground Creek**: Underground Creek is a secluded destination for swimming and relaxation.
- **Reedy Mine**: Reedy Mine is a historic destination for mining enthusiasts.
- **Beecroft**: Beecroft is a popular destination for nature lovers and birdwatchers.
- **Donovans**: Donovans is a scenic destination for panoramic views.
- **Waterhole**: Waterholes are available for drinking and swimming.
- **Castle Rock**: Castle Rock is a popular destination for rock climbing enthusiasts.
- **Wyberba walk**: Wyberba walk is a short and easy hike suitable for families and nature lovers.
- **The Sphinx and Turtle Rock**: The Sphinx and Turtle Rock is a scenic destination for panoramic views.
- **Mount Norman**: Mount Norman is a challenging destination for hikers and mountaineers.
- **Girraween's longer/challenging walks**: Girraween's longer/challenging walks are designed for experienced hikers and mountaineers.

**ADVENTURE SAFELY**

Make your visit memorable for all of the right reasons.

- **Watch your step.** Granite rocks become very slippery when wet. Decomposed granite on tracks can also be slippery.
- **Stay well back from edges of rock faces or cliffs.** Supervise children. Take extra care in rainy or windy conditions.
- **Be careful near water.** Never dive or jump into rivers, creeks or pools as water may be shallow or hide submerged debris, rocks or objects.
- **Choose walks that match the capabilities of your entire group and the time you have available.**
- **Take plenty of drinking water.** Boil or treat water from all sources before drinking. Never drink water from creeks in the vicinity of Sundown’s old mines.
- **Keep water supplies clean.** Never wash near watercourses. Where there are no toilets, bury human waste and toilet paper 15cm deep and at least 100m away from waterways.
- **Check for park closure alerts online at npqrld.gov.au/park-alerts**, and obtain weather forecasts and water and river height information before heading out as conditions can change rapidly (especially in Sundown).
- **Let somebody know where you are going, when you plan to return and what to do if you are late or lost.**

**EMERGENCY!**

Call Triple Zero (000).

Mobile coverage is limited and unreliable.

**GIRRAWEEN’S SHARED TRAILS**

**Creek trails**

- **3.5km (circuit)**
  - **Dr Roberts Waterhole**: Take your family on a leisurely cycle or walk along a reasonably flat and forested trail discovering spring-time wildflowers and views of Bald Rock Creek.

**Peak trail**

- **10.6km (return)**
  - **Mount Norman**: Be stunned by spectacular vistas of Mount Norman from a more difficult trail where cyclists employ their off-road skills.
  - **Sundown and Girraween**: Take an unforgettable and at a Bell’s turtle.
  - **The Broadwater is the best thing you can see across most of Girraween and over the way.**

**GIRRAWEEN’S LONGER/CHALLENGING WALKS**

**Dr Roberts Waterhole**

- **30mins**
  - **2.8km (return)**
  - **1-1.5hrs**
  - Be mesmerised by burnished-gold, water-sculpted rocks and Bald Rock Creek disappearing mysteriously underground. Delight in the varied birdlife and colourful wildflowers on the way.

**Underground Creek**

- **10mins**
  - **3.6km (return)**
  - **1.5-2hrs**
  - Take an unforgettable and at times breathless journey for awesome views of Balancing Rock, Second Pyramid and across the park. You’ll need a good level of fitness and shoes with grip to climb the exposed rock face. Take time to rest and soak up the views.

**The Pyramid**

- **15mins**
  - **52km (return)**
  - **1.5-2hrs**
  - Take an unforgettable and at times breathless journey for awesome views of Balancing Rock, Second Pyramid and across the park. You’ll need a good level of fitness and shoes with grip to climb the exposed rock face. Take time to rest and soak up the views.

**Castle Rock**

- **10mins**
  - **7.4km (return)**
  - **3-4hrs**
  - Check for park closure alerts online at npqrld.gov.au/park-alerts, and obtain weather forecasts and water and river height information before heading out as conditions can change rapidly (especially in Sundown).

**The Sphinx and Turtle Rock**

- **15mins**
  - **7.4km (return)**
  - **3-4hrs**
  - See for yourself a large granite monolith resembling a turtle’s back and The Sphinx—a granite pinnacle bearing a large balancing tor. You’ll enjoy this easy walk branching off the Castle Rock track.

**Mount Norman**

- **15mins**
  - **11km (return)**
  - **4-5hrs**
  - Leave Castle Rock behind and trek to the rocky slabs below the imposing Mount Norman Monolith. The final approach to the summit is steep and rock climbing experience is needed to reach the absolute top. Never rock climb alone.

**Mount Norman from Mount Norman day-use area**

- **4km (return)**
  - **1.5-2hrs**
  - Wander through rock gardens and stands of graceful Wallangarra white gums on Mount Norman’s southern face. Reaching the summit requires rock climbing experience. Never rock climb alone.

**Photos (clockwise from left)**

- **Ranger Greg**
  - View from the top of The Pyramid. 
  - View of Bald Rock Creek.
  - View of the summit of Mount Norman.

© Loren Jarvis Photography; Jolene McLellan

**Information centre**

To Tenterfield

To Stanthorpe

To Stanthorpe via Wallangarra

To Tenterfield

New England Highway

Castle Rock camping area

Girraween

Sundown

Sundown

Girraween's longer/challenging walks

- **Dr Roberts Waterhole**: 2.8km (return) 1-1.5hrs
  - Be mesmerised by burnished-gold, water-sculpted rocks and Bald Rock Creek disappearing mysteriously underground. Delight in the varied birdlife and colourful wildflowers on the way.

- **Underground Creek**: 3.6km (return) 1.5-2hrs
  - Take an unforgettable and at times breathless journey for awesome views of Balancing Rock, Second Pyramid and across the park. You’ll need a good level of fitness and shoes with grip to climb the exposed rock face. Take time to rest and soak up the views.

- **The Pyramid**: 5.2km (return) 1.5-2hrs
  - Take an unforgettable and at times breathless journey for awesome views of Balancing Rock, Second Pyramid and across the park. You’ll need a good level of fitness and shoes with grip to climb the exposed rock face. Take time to rest and soak up the views.

- **Castle Rock**: 7.4km (return) 3-4hrs
  - See for yourself a large granite monolith resembling a turtle’s back and The Sphinx—a granite pinnacle bearing a large balancing tor. You’ll enjoy this easy walk branching off the Castle Rock track.

- **The Sphinx and Turtle Rock**: 11km (return) 4-5hrs
  - Leave Castle Rock behind and trek to the rocky slabs below the imposing Mount Norman Monolith. The final approach to the summit is steep and rock climbing experience is needed to reach the absolute top. Never rock climb alone.

- **Mount Norman from Mount Norman day-use area**: 4km (return) 1.5-2hrs
  - Wander through rock gardens and stands of graceful Wallangarra white gums on Mount Norman’s southern face. Reaching the summit requires rock climbing experience. Never rock climb alone.